



# Peter's Place Statement of Purpose



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All aspects of the home will adhere to the following relevant legislation:

Care Quality Commission - Essential Standards of Quality and Safety

Social Care Act 2008

Health and Safety at Work Act 1974

Code of Practice for Social Care Workers

Complaints Procedure

NMC Code of Professional Conduct

The Company's Policies and Procedures

## ***Peter's Place*** **Statement of Purpose**

### **1 DETAILS OF THE HOME:**

Peter's Place is a new addition to the Apex Care Homes family of nursing and residential care homes. It is named after the late Peter Thasan who was the founding member and managing director of Apex Care homes for over 27 years. It is registered to provide "accommodation for persons who require nursing or personal care" and "treatment of disease, disorder and injury for up to 13 Service Users. The home consists of 1 large Grade 2 listed building which has been adapted to accommodate 6 Service Users and a newly built extension accommodating 7 more Service Users which opens onto landscaped gardens. We welcome Service Users under the age of 65 with learning disability and physical disability. Peter's Place is located very close to the centre of Bedford, with easy access to shops, parks and transport links.

It is part of Apex Care Homes Ltd, a family run business established in 1983, which now runs 4 homes caring for 125 Service Users across Bedfordshire.

Peter's Place address and contact details are as follows:

Address: 8 The Crescent  
Bedford  
MK40 2RU

Tel No: 01234 266933

Fax No: 01234 327993

Email: [admin@apexcare.co.uk](mailto:admin@apexcare.co.uk)

Website: [www.apexcare.co.uk](http://www.apexcare.co.uk)

### **2 REGISTERED MANAGER:**

The Manager of the home is Mr Remi Wamala. He can be contacted on 01234 266933. He has been the manager since 2004. His qualifications consists of RGN, RMN and Foundation degree in Care Management NVQ Level 4 Registered Managers Award, and he is currently completing Health and Social Care Level 3 in Learning Disability with ARC (Association for Real Change). His work experience includes 26 years as a nurse and 2 years as a deputy manager.

### **3 REGISTERED PROVIDER:**

*The Registered provider is a limited company known as:-*

Apex Care Homes Ltd  
10 The Crescent  
Bedford  
MK40 2RU

Telephone number:- 01234 266933

Email:- [admin@apexcare.co.uk](mailto:admin@apexcare.co.uk) or [andrea@apexcare.co.uk](mailto:andrea@apexcare.co.uk)

Mrs Saroja Thasan, Ms Indranee Thasan and Mrs Andrea Thasan are the three directors of the home.

### ***Qualifications and Experience:***

Mrs Saroja Thasan is a trained nurse, RGN, DN, MCIM

Ms Indranee Thasan has 20 years of business management experience

Mrs Andrea Thasan (LLB Honours) qualified as a solicitor in 1998. From January 1999 to December 2005, she was employed as a solicitor within a local authority, specialising in child care law and protection. She commenced employment as the General Manager within Apex Care Homes Ltd in December 2005 and at present sits as a member on the Bedfordshire Safeguarding Board representing home providers and the Bedford Mental Health and Learning Disability Partnership Board. She completed the Social Care Leadership Development Programme run by SCIE (Social Care Institute for Excellence) in 2008.

## **4 STAFF INFORMATION**

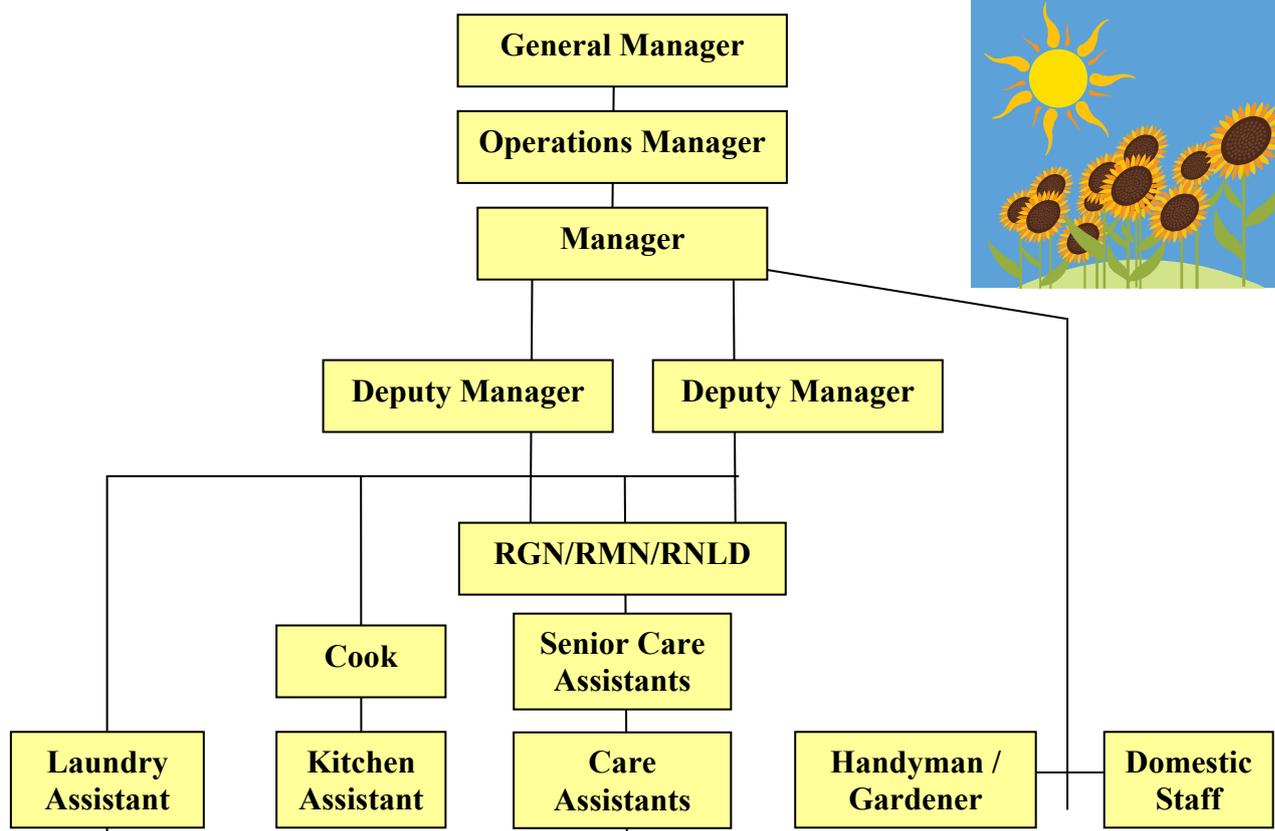
The home is staffed by a Manager, Deputy Managers, Registered Nurses, Registered LD Nurses, Senior Carers, Carers and various domestic staff to include Cooks, Cleaners, Laundry staff and maintenance staff.

Staff receive on-going and extensive training in all areas of care, including, Safeguarding of Vulnerable Adults. Training is also tailored to meet the individual needs of the Service Users they care for. Therefore training is encouraged in dementia awareness, mental health and challenging behaviour, person centred care, dignity in care, etc. Apex Care Homes is accredited by Investors in People.

The manager will monitor and identify all staff under his/her authority and will identify individual professional development. The home is a training area for ONP students and QCF candidates.

The manager will ensure that training is conducted in accordance with requirements laid down by the Skills for Care Council.

## **5 ORGANISATIONAL STRUCTURE**



## 6 SERVICE USER GROUP AT PETER'S PLACE?

Peter's Place specialises in caring for both male and female adults predominantly under the age of 65 in the following categories:

- Learning Disability
- Physical Disability

Service Users, once admitted can remain in the home even over the age of 65 and Service Users over the age of 65 are admitted in exceptional circumstances and where it is felt the Service User will fit in with the existing Service User group. The home does not admit any Service User with on-going physically aggressive / predatory behaviour and those detained under the Mental Health Act 1983, but do admit people under Section 17 (Leave of Absence and Guardianship).

Respite care / short term nursing care admission may be admitted should there be:

- A shortage of community staff
- Family members need a holiday or break
- There be a crisis within the family

Emergency admissions will not generally be admitted unless they have been fully assessed, a comprehensive history has been given by a multi-disciplinary team and there is access to the community team 24 hours a day, if and when required.

The Manager/Deputy Manager will carry out a thorough assessment on the new Service User prior to admission to see if their needs can be met by the home.

Peter's Place welcomes Service Users irrespective of their race or ethnic origin, creed, colour, religion, political affiliation, marital status, parenthood, sexual gender or sexual orientation. The sole criterion for admission to Peter's Place is the perceived ability of the home to provide the assessed care needs.

## 7 WHAT NEEDS WILL PETER'S PLACE AIM TO MEET?

### WHAT ARE THE AIMS AND OBJECTIVES OF THE SERVICE?

The aim is to meet an individual's person centred needs through principles of best practice and in line with their rights and choices and by providing trained staff to cater for those needs. Staff will be responsive to the individual needs of the Service Users. We encourage Service Users to remain active, socially inclusive and to continue to fulfil any aspirations they may have focussing on and promoting ability as opposed to disability, and to provide the appropriate degree of care to assure the highest possible quality of life within the home, empowering Service Users to make choices whenever possible. Multi-disciplinary team members, where appropriate, will be involved in the decision making process with regards to the Service Users care. Multi-disciplinary Teams are made up of:

Arts Psycho Therapists	Dietician	Sensory Impairment Team	Social Workers
Occupational Therapists	Intensive Support Team	Speech and Language Therapists	Physiotherapists
General Practitioners	Practice Nurse	Psychiatrist/ Psychologists	Community Nurse
Medical Practitioners	Care Manager	Tissue viability/District Nurse	

**Service Users with both residential and nursing needs can be admitted, again subject to assessment and need.**

## 8 WHAT CARE IS PROVIDED AT PETER'S PLACE?

Peter's Place aims to provide Service Users with a secure, relaxed and homely environment in which their care, wellbeing and comfort are of prime importance. Staff will preserve and maintain the dignity, safety, individuality and privacy of all Service Users, treating everyone with respect, within a warm and caring atmosphere and be sensitive to any changing needs. Such needs may be medical, psychological, cultural, spiritual, emotional and social. We seek to constantly innovate, change, improve and develop in line with our Service Users needs and be receptive to all suggestions for improvement. Service Users will be encouraged to participate in the development of their individualised person centred care plans, and the involvement of family where appropriate will be valued.

Care Plans will identify Service User's likes and dislikes and choice will be provided wherever possible, including choice of menu, any special religious/cultural or medical dietary requirements will be catered for. We promote Service Users' involvement and participation in how the home is run thereby empowering them to effect change.



## 9 ADMISSION TO PETER'S PLACE

Peter's Place will only admit Service Users who require nursing or personal care and treatment of disease disorder or injury in line with the expertise it has built up in caring for the Service User groups specified in paragraph 6. A care needs assessment will be carried out to determine whether the home can cater for any Service User's individual care needs.

All Service Users, family, friends and professionals are invited to visit Peter's Place prior to admission wherever possible.

The Service User gets to meet the other Service Users

The Service Users are admitted to Peter's Place on a trial period of 3 months.

Service Users are given a copy of the contract and Service Users guide.

The agreement should be in place between the funding authority and the home prior to admission.



## 10 SOCIAL ACTIVITIES, HOBBIES AND LEISURE INTERESTS

Peter's Place has the potential use of the Day Centre at Crescent Nursing Home (next door) which operates from Monday to Friday. The Day Centre is managed by the Day Care Co-ordinator who runs programmes along with the other members of staff from the home, to promote mental alertness, self esteem and social interaction.

Service Users are encouraged to attend the Day Centre and participate in the activities that are on offer. The daily programme is tailored to meet the needs and preferences of the various Service Users.

In house social activities include indoor board games, painting, quizzes, bingo, films, arts & crafts, BBQ's, garden parties with cream teas in the summer, themed parties e.g. Christmas, Easter, Halloween, sing-along entertainers, mobile theatre productions and dancing.



Social interests such as shopping, day trips, pub outings etc and holidays are also provided for those who are interested and able to participate, with the home having a driver and a minibus accessible to its Service Users. Trips have included going to the garden centre, tea dance, air show, seaside, Blackpool, Norfolk Broads, 10 pin bowling, cinema, shopping etc.



Service Users are also encouraged to pursue their hobbies such as reading, writing, painting, watching TV, listening to music etc.



## 11 OPERATION OF PETER'S PLACE AND CONSULTATION WITH SERVICE USERS

The home offers comprehensive facilities and a Service of care geared to promoting Service Users comfort, safety and well being. Service Users are encouraged to take part in Service User meetings regarding the operation of the home. They are at liberty to meet with the Manager or Key Worker on an individual basis. They are encouraged to attend care review meetings and get involved in care planning. They are requested to complete Service User's satisfaction questionnaires to give their opinion on all matters regarding the running of the home and to make suggestions for improvement. Questionnaires have been designed for the different Service User groups using pictorial formats where appropriate.

Suggestion boxes are on display in the home to encourage both Service Users and visitors to post suggestions anonymous or otherwise to contribute to the improvement of the home.

The home launched a Your Say campaign to further encourage Service Users to have their say and to influence how the provision is run and this consists of Service Users completing a "Your Say" questionnaire and Service User representatives meeting with senior managers to have their say.



## 12 FIRE AND EMERGENCY

Peter's Place has policies and procedures in place for dealing with fire precautions and emergency procedures.

Staff receive awareness training in the important policies as part of their induction and arrangements are in place for all staff to undertake full training in Fire Safety, First Aid and Health & Safety and all other mandatory courses.

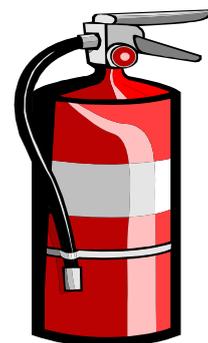
Fire alarms are tested and fire drills are carried out weekly.

All fire equipment is regularly checked and Serviced by a recognised and certified company.

Service Users are informed of the fire and other emergency procedures as part of the Service User information process at the admissions stage.

Links have been established with local fire officers to visit yearly.

Fire Safety Risk Assessments are being carried out yearly or beforehand if required by material changes.



## 13 RELIGIOUS SERVICES

Service Users are encouraged to follow their religious preferences and will be assisted in attending a place of worship of their choice.





## 16 CARE PLANS

Person Centred care plans will be drawn up involving Service Users and relevant others, they will be reviewed at regular intervals specified as appropriate and at the care plan review meeting or sooner, dependent on the need.

Care review meetings are attended by multidisciplinary team members, Service User, relatives and key workers.

## 17 ACCOMMODATION AND LIVING SPACE AT PETER'S PLACE

Accommodation and living space is divided into communal facilities for the Service Users and staff and individual accommodation for the Service Users. Details are as follows:

## 18 INFORMATION ON NUMBER AND ROOM SIZES - PETER'S PLACE

Room Number / Identity All en-suite	Details	
	Number of Beds	Room Size (Sq. metres)
P1 ( <i>Ground Floor</i> )	1	15m <sup>2</sup> + 5m <sup>2</sup> en-suite
P2 ( <i>Ground Floor</i> )	1	20m <sup>2</sup> + 5.2m <sup>2</sup> en-suite
P3 ( <i>First Floor</i> )	1	21m <sup>2</sup> + 4m <sup>2</sup> en-suite
P4 ( <i>First Floor</i> )	1	18m <sup>2</sup> + 3 <sup>2</sup> en-suite
P5 ( <i>First Floor</i> )	1	17m <sup>2</sup> + 4.8m <sup>2</sup> en-suite
P6 ( <i>First Floor</i> )	1	17.5m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
Room Number / Identity All en-suite Ground Floor Extension	Details	
	Number of Beds	Room Size (Sq. metres)
P7	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
P8	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
P9	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
P10	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
P11	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
P12a	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite
P12b	1	15.16m <sup>2</sup> + 3.15m <sup>2</sup> en-suite

### *Communal facilities within Peter's Place)*

Communal areas include two lounges and two dining areas and a conservatory. There are 2 fully adapted bathrooms which have high/low baths and walk in showers. There is also a medical consultation room and laundry within Peter's Place.

### *Service Users Accommodation at Peter's Place*

Six of the rooms within the Grade 2 listed building of Peter's Place have been completely refurbished and 7 are newly built rooms, all rooms have attached en-suites, and 9 of the en-suites have shower facilities available. The rooms have all been furnished to a high specification and have a flat screen television in each room with telephone access where required and the 7 extension rooms within Peter's Place all open up onto their own patio area which leads to the landscaped gardens.



## 19 PRIVACY AND DIGNITY FOR SERVICE USERS



The staff aim is to ensure that the care Service is delivered flexibly, attentively and in a non-discriminatory fashion whilst respecting each Service User's rights to independence, privacy, dignity, fulfilment and the right to make informed choices, as reflected in their individual care plans and in line with the principals of valuing people. Service Users have the right to expect to live free from abuse and Apex Care Homes provides ongoing training for staff and complies with the local safeguarding policy in relation to the safe guarding of vulnerable adults. Apex Care Homes is committed to providing an environment where Service Users feel safe and family members feel free to raise any concerns. As such a separate leaflet has been provided for Service Users and families with respect to the safeguarding procedures.

Bedford Safeguarding Office                      01234 276222

The home is in the process of implementing Dignity in Care training and the Dignity Challenge to see what, if any, further improvements can be made and recruiting dignity champions in each home.

Private phone calls can be made and received at any time.

Mail is given to Service Users when delivered and is recorded.

Any issues between Service Users in relation to respecting each other's privacy and dignity can be raised with their key worker or manager or addressed through regular Service Users meetings.



**Peter's Place**